

SREE NARAYANA TRAINING COLLEGE, NEDUNGANDA
ANNUAL REPORT OF THE COLLEGE UNION 2022-23
KALANTHIKA

The college union is an elected body of students of the college for the promotion of the practice of democracy and leadership. The college union activities offer students opportunity to grow in cooperation with others in areas of personal and academic interest. The college union consists of Chairperson, Vice - chairperson, General secretary, Arts club Secretary, Magazine Editor, University Union Councillor, Sports club Secretary, Six optional representatives. The union functions under the guidance of staff advisor appointed by the Principal.

KALANTHIKA is the name of the college union 2022-23. The following are the elected members of the college union.

- 25-10-2022 Diwali**
- 15-11-2022 Children's Day**
- 2-12-2022-Meet the Candidate
- 5-12-2022 Election
- 5-12-2022 **Swearing in Ceremony**
- 21-12-2022 Art Mea SUPW Exhibition**
- 22-12-2022 Buon Natale (Xmas Celeb)**
- 11-01-2023 **National Youth Day Celebration**
- 06-02-2023 Vani Jairam Commemoration (with English optional Assembly)
- 10-02-2023 Union and Arts Club Inauguration**
- 14-02-2023 **Valentine's Day Celeb (1um 1um Immini Ballya 1)**
- 08-03-2023 Holi (Ramba Hoi Hoi Holi)**
- 14,15-03-2023 **Rithaya Arts Fest**
- (5-10 -05-23) March University Kalolsavam
- 19-06-2023 Vayanadinam (with Malayalam Assembly)
- 27-06-2023 **Bakrid Celebration**
- 10-07-2023 Webinar Challenges in Higher Education**
- 07-08-2023 Commemoration of Rabeendranath Tagore
- 09-08-2023 Nagasaki Day (With SS Assembly)
- Online Workshop -Mastering Lifeskills**
- 14-08-2023 Awareness Programme on Mental Health**




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Diwali Celebrations

Deepavali is a festival of lights and togetherness. The Diwali celebrations in SNTC were hosted on October 25, 2022. The day's celebrations started with the lighting of the lamp by the Principal. Following this, a bunch of Diyas were lit by the participants. All students, faculty members, and non-teaching staff members were part of the celebrations. Fireworks were displayed on campus, and there were so many bright colours. The celebrations ended by distributing sweets to all the students and staff members. The entire programmes filled the hearts of all with the spirit of Diwali, and all enjoyed the celebrations wholeheartedly.

Children's Day

Children's Day was celebrated with zeal and enthusiasm on November 15, 2022, in the College Auditorium at 1.30 p.m. with great splendor and grandeur. The programme began with a prayer by the college choir. Dr. Chitra S., Assistant Professor, welcomed the gathering. Dr. Sheeba P., principal, presided over the programme. The inaugural address was given by Smt. Fazeela K. M., Headmistress, GLPS, Nedunganda. An introduction about Pandit Jawaharlal Nehru highlighting the importance of the day was done by the students. The auditorium buzzed with excitement and joy as the kids from GLPS participated and enjoyed various games and activities arranged for them. The children took part actively in the programmes and won prizes. The celebratory mood continued with the children's sharing of their ambitions, and some of them sang songs. Sweets were distributed to all. Karthika Madhu from the Mathematics Department proposed the vote of thanks. The programme concluded with the singing of the National Anthem. The celebrations went well, and the students went home with happy hearts.

Swearing-in Ceremony of College Union 2022-23

On December 5, 2022, the College Union's swearing-in event for the academic year 2022–23 was held in the college auditorium. Dr. Sheeba P., Principal, gave a warm welcoming speech to officially start the ceremony. The lecture emphasized the value of leadership, collaboration, and community involvement and offered insightful advice to motivate the student leaders. Following the welcome remarks, Poojasudhan of first-year Malayalam optional gave a motivational speech as the newly elected Chairman of the College Union, outlining the vision, objectives, and plans for the coming academic year. Following that, all of the other elected officials acknowledged the students for their love and support. The Principal supervised the ceremony of swearing in and gave the Chairperson her pledge of office. After that, the chairperson administered the oath of office to representatives, including Anjana Anil A. (Vice Chairperson), Varsha Sabu (general secretary), Nandhu C.S. (arts club secretary), Kalyanikrishna S. (magazine editor), Indrajith R. (UUC), Dona Saji Mohan (English




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optional representative), Sravan H. (Malayalam optional representative), Arathy A.S. (maths optional representative), Preethi P.S. (physical science representative), Aswathy Jayakumar B. (Natural science optional representative), and Thasniya N. (Social science optional representative). They solemnly took the pledge, agreeing to carry out their duties with honesty, zeal, and a passion to improving the campus community. The staff advisor, Dr. Chitra S., offered a speech of appreciation to the newly elected student representatives and showed her support for their efforts to run the college union.

At the conclusion of the ceremony, Varsha Sabu, the newly appointed General Secretary from First Year English Optional, offered a vote of thanks and thanked everyone who had attended, the organizing committee, and the college administration for their contributions to making the event a huge success.

ART MEA- SUPW Exhibition

Student teachers participated in the SUPW Exhibition, Art Mea, on December 21, 2022, where they displayed their innovation and productivity. Students were divided into different mentor groups, and the mentor who was assigned to them oversaw their SUPW-related activities. Each student displayed five items, and the entire campus was awash in the inventive and imaginative works of the students. The exhibition started at 10.30 a.m. when the exhibition officially opened. It was truly a feast for the eyes since there were so many products that were useful for society, including food and crafts and artwork. Teachers evaluated them and gave the student-teachers their input.

CHRISTMAS CELEBRATION

On December 22, 2022, the college union of Sree Narayana Training College, Nedunganda, organized a Christmas celebration at the college auditorium. The event started at 10 a.m. with a prayer by the college choir. Dr. Sheeba P., the principal of the college, delivered the welcome address to the audience. The Vice Chairperson of the college union, Anjana Anil, gave the presidential address in the absence of the Chairperson. Rev.Fr.Bijoy K. C. inaugurated the event and delivered a Christmas message to the audience. The prize distribution for suggesting the name for the programme and poster making was also held during this time. After that, there was a cake cutting event to celebrate Christmas. Varsha Sabu, the general secretary of the college union, delivered the vote of thanks to all those who had contributed to making the event a success.




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Following this, there was a cultural programme that showcased various performances by students. The event was a great success, and everyone enjoyed the festive spirit of Christmas. Overall, it was a wonderful celebration that brought together the college community to celebrate this joyous occasion.

National Youth Day Celebration

To commemorate the birthday of Swami Vivekananda, the maker of Modern India, National Youth Day is celebrated with great joy and enthusiasm every year in India on January 12. In connection with National Youth Day, the college union of Sree Narayana Training College organized National Youth Day on January 12, 2023, at the college auditorium. The event started at 11 a.m. with a prayer by the college choir. Dr. Chitra S., Staff Advisor, delivered the welcome address to the audience.

The Principal of the college union, Dr. Sheeba P., gave the presidential address. Mr. Shaikh Hassan, Everester, and Social changemakers inaugurated the event. He was the speaker of the session. He shared his experiences and the difficulties he faced while climbing Everest. His word motivates youth to work hard and face challenges in life. Varsha Sabu, the general secretary of the college union, delivered the vote of thanks to all those who had contributed to making the event a success.

As a part of the National Youth Day celebration, the college union also organized an extempore competition on January 13, 2023, in the college auditorium. Also, a caption-writing competition was conducted online, and the winners were given prizes.

Union and Arts Club Inauguration

The College Union 2022–2023 was officially inaugurated on February 10, 2023, at the College Auditorium. The name and logo of the college union were declared on the previous day as Kalanthika, which means knowledge. The Arts Club 2022–'23 was also inaugurated on the same day. The Chief guests of the day were Team Chooral, Mr. Jassim Hashim and Mr. Shameer Khan, Entertainers and Social media influencers, and Dr. Nithya P. Viswam, Asst. Prof. In Malayalam, Sree Narayana College, Varkala.

The programme started with the recital of Daivdashakam by the College Choir. The Welcome Address was delivered by Dr. Praveen R., Asst. Prof. In Education, Malayalam, SNTC, in the absence of our Principal, Dr. Sheeba P. The function was presided over by, Miss. Pooja Sudhan, Chairperson of Kalanthika College Union. The Arts Club Secretary of Kalanthika College Union, Mr. Nandhu C. S., introduced Nithya ma'am to the students, and Miss. Kalyanikrishna S., Magazine Editor of Kalanthika College Union, introduced Team Chooral.




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Following that, the College Union inauguration was done by Dr. Nithya P. Viswam, and the Arts Club inauguration was done by Team Choral by lighting the lamp along with the new office bearers and Principal-in-Charge Dr. Praveen R. Students enthusiastically took part in the interaction session with the Chief guests, followed by their inaugural speeches. Felicitations were delivered by Dr. Reetha Ravi H., Asst. Prof. in Education, English, SNTC, and Mr. Indrajith R., Chairman of Anwaya College Union 2021-2022. The former union members were honoured by the new college union members, and the new union members were invested with badges by the Principal-in-charge and the Chairperson. Surya U. S. Of Malayalam Optional was given a prize as the name and logo for the College Union were suggested and designed by her, respectively. The Chief Guests were presented with mementos as tokens of love and gratitude by the College union. The Vote of Thanks was delivered by Varsha Sabu, General Secretary of Kalanthika College Union.

The official function was followed by a Violin Fusion Musical Programme by Violinist Anandapadmanabhan and team. The day was totally memorable for the students as well as the union members, as they were all eagerly waiting for the official inaugural function. The entertainment programme and the presence of the Chief Guests added to the beauty of the day, as the Chief Guests delivered truly entertaining as well as motivational talks.

Valentine's Day Celebration

Kalanthika College Union organized a Valentine's Day celebration on February 14, 2023, from 2 p.m. onwards in the college auditorium. The event was named **1um 1um Immini Balya 1**. A few weeks before the Celebrations, a Confessions Page was introduced to the student teachers so that they could confess their feelings. The page was named "My Love". Various other games and fun tasks were included in the celebration, such as Best Couple of SNTC, Love Scene Recreation, Couple Dance, Best Proposal, and Best Pranaya Sankalppankal. Students from various optional programs participated in the sessions, and small gifts were given to the winners of each task. After the gaming and task sessions, cultural programmes presented by students from various optionals. The session ended with a speech of gratitude.

Holi Celebrations

Holi Celebration was held on March 8, 2023, at 2 PM in the college campus by Kalanthika' CollegeUnion of Sree Narayana Training college , Nedunganda. Holi, the festival of hues was celebrated by student teachers by dousing one another in color. By 4 o'clock, Holi celebrations were over.




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Arts Fest

The Arts Fest was held on March 14 and 15, 2023, and was organized by Kalanthika, the College Union of Sree Narayana Training College 2022. There were about 30 events, including both literary and stage events. Monoact, Hindi recitation, Vanchipaatu, Naadanpaattu, etc. were conducted on the first day of the celebration, and the final day was exquisitely decorated with programmes like Thiruvathira, Fancy dress, etc. For making the programme successful, different committees were formed by the college union for registration, anchoring, results collection and announcement, prize distribution, etc. For each event, well experienced external evaluators in the corresponding field were invited. All the students were grouped into 3 houses (Mr. Bean, Scooby Doo, and Maayakannan), and the individual scores of each event were added to their respective houses. The house Scooby Doo became champion of the event with a score of 105. The results were announced on the second and last day of the festival. The winners were awarded their prizes on the same day, from the chief guest. Three students were received for KALATHILAKAM, and one received KALAPRATHIBHA.

Bakrid Celebration

The college union of Sree Narayana Training College, Nedunganda, organized the Bakrid celebration on June 27, 2023, at 2 p.m. in the College General hall .The event started with the welcome speech delivered by Preethi P. S. from Physical Science Optional. Preethi welcomed the gathering, which included the Principal of the college, staff advisor Dr.Chitra S., and all other teaching and non-teaching staff members, to the celebration. Dona Saji (Class representative of English optional) hosted the event .

Presentation as a part of Bakrid celebration was delivered by Shahina S. of Mathematics Optional. She presented the important facts regarding Bakrid's celebration. The story behind Bakrid's celebration and some verses from the Quran ,also explained it in simple terms. brought a festive spirit to the event . Bakrid's message was delivered by Reetha Dr.Reetha Ravi H. (Asso. Prof.,SNTC) in the absence of Sheeba P., Principal of the College. Her message was enriched with community spirit, motivation, and a sharing mentality.

Pooja Sudhan, Chairman of Kalanthika College Union, gave Bakrid wishes to everyone present there. To make the celebration even more fascinating, Sunaina from Social Science Optional sang a beautiful mappilapatt. Later, Varsha Sabu, general secretary of the Kalanthika College Union, delivered the vote of thanks. As a part of the Bakrid celebration, a mehendi designing competition was conducted. One hour was given for the design of Mehendi art. The result was announced the next day. Food packets containing dates, laddu, and sweets were distributed to everyone by the Kalanthika Union.




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Webinar on Challenges in Higher Education

A Webinar on "Challenges in Higher Education" was organized by the Kalanthika College Union of SNTC on July 10, 2023. The objective of the webinar was to provide detailed knowledge to the student teachers on the current problems in higher education so that they would be able to understand the current trends and issues in higher education. The resource person for the webinar was Dr. Ajay S. Sekher, Assistant Professor, Department of English, SSUS, Kalady. Thasniya N. from Social Science Optional introduced the resource person to the participants. A welcome note was given by Ganga S. from Physical Science Optional. The resource person highlighted the issues in higher education and their importance with examples. All the student teachers and faculty members took part in the webinar. This interactive webinar was delivered on the Google Meet platform. The queries of the participants were very well clarified at the end of the talk. The programme ended with a vote of thanks by Divyasree P.V. from English Optional.

Online Workshop: Mastering Life Skills

Kalanthika College Union has organized an Online workshop on Life skills on August 9, 2023, at 6 p.m. The workshop was led by Prof. (Dr.) Rosamma Philip of Mount Tabor Training College, Pathanapuram. Google Meet was used as the platform for conducting the workshop, which was attended by almost all students of the college. The session was really useful and rejuvenating for the students, as it gave a clear cut idea on how to carry out various activities on an individual, personal, and group level to take care of oneself. Students were active throughout the session, as the whole Gmeet window witnessed various responses. Rosamma ma'am proved really proficient in seeking the attention of all the students as well as maintaining it throughout. The programme was supposed to be presided over by Prof. (Dr.) Sheeba P., Principal, SNTC, but she was unable to attend the session due to technical issues. The programme started with Prayer by Sruthy S. Reghu of Physical Science Optional. The welcome address was delivered by Meenu Ann Thomas of English Optional, and the Introduction of the resource person was done by Mahima Das. Following the Resource Talk, various students shared their feedback genuinely. Most of them thanked the resource person for such a refreshing session and also the coordinator, Dr. Chitra S., for arranging such a wonderful and useful session. Anagha P. of Social Science Optional delivered the note of gratitude. The whole programme was compered by Nayana R. of Malayalam Optional.




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Awareness Programme on Mental Health

In connection with Anti Ragging Day, the Kalanthika college union hosted an awareness programme on Mental Health in collaboration with the Jeevani-Centre for Students Wellbeing. The programme started with the college choir. Pooja Sudhan, Chairperson of the Kalanthika college union welcomed the gathering. College Principal Prof. (Dr.) Sheeba P. presided over the function. She elaborated on the rationale for the programme. Ms. Amrutha R., Psychologist, Jeevani. She addressed on Mental Health need among students and teachers. In her speech, she emphasized on early recognition of mental illness and important role of students and teachers in the society in reducing the stigma related to mental illness. The programme came to an end with the vote of thanks proposed by Ms. Soorya S, R. The programme helped the student teachers in understanding the role of students and teachers in creating a healthy society.



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